

The new Surrey, Langley, Golden Ears Greenway, Parks Cycling Network



The Surrey, Langley, Golden Ears Greenway, Parks Cycling Network allows safe recreational cycling to many regional and city parks, Fraser River waterfront access with great views to the local mountains, and connections for cycling commuters to the many communities. The route provides convenient Transit connections to Skytrain, West Coast Express Train and the bus network, opening the route to cyclists from downtown Vancouver and Cities north of the Fraser River. Most of the network follows separated paved Greenway trails away from traffic, some local low traffic volume side roads, with some short connections via alternate gravel park trails or bike routes on main roads. Main road sections near industrial areas have less traffic in the evenings and weekends.

Connections from Vancouver and cities north of the Fraser River via the Skytrain;

Exit at the King George Skytrain station to the east side, follow the parking lot and cross at the traffic light, the Greenway trail starts just under the end of the Skytrain, follow it east for a short ways then it turns left north crossing 100 Ave to 102 Ave, turn right east and cross 140 St at the traffic light. A slight jog to 102 Ave east to 141 St, right south on 141 St to 101 Ave left east to Green Timbers Park. (A slight jog at 143 A Ave north left to 102 Ave right east to 144 St right south back to 101 Ave and the Green Timbers Park entrance). You can ride 148 St a busy road with bike lanes to the Green Timbers Greenway trail entrance just past 96 Ave turn left or east to Tynehead park. Or follow through the gravel trails of Green Timbers Park to 148 St and 96 Ave.

to learn more about how to affect cycling improvements and to meet with like-minded people in your community, visit vacc.bc.ca to find meeting details and current issues

Connections from Vancouver and cities north of the Fraser River via the West Coast Express Train, return by Skytrain, 17 Km loop ride

This route provides an excellent round trip from communities north of the Fraser River for a pleasant summer afternoon / evening loop ride around some fabulous parks through Surrey. It gives you a scenic train ride along Burrard Inlet from Vancouver to Maple Ridge, return by Skytrain to Vancouver. Or extend your stay with camping or Bed and Breakfast options in Fort Langley.

Board the West Coast Express train at Waterfront station in Vancouver, 2 bikes per train car and bikes are an additional \$1 fare. The train leaves at 3:50pm, get to the station early to get a spot for your bike on the train. www.westcoastexpress.com The train runs weekdays only.

Pick ups are also made at the following stations along the way; Port Moody 4:11pm, Coquitlam Central 4:16pm, Port Coquitlam 4:22pm, Pitt Meadows 4:32pm, Arriving at Maple Meadows station where you exit at 4:36pm

Exit via the west side of the station parking lot. Turn left and head south on the greenway that starts just across the train tracks. At the end of the greenway, at the roundabout at 113B Ave, head west across the overpass towards Airport Way, at the west roundabout head south onto the bridge bike ramp. You must ride on the west side of the bridge when headed south. Enjoy the view of Barnston Island to the west of the bridge, the sandy beach closest to the bridge is accessible by bike.

At the south end of the bridge off ramp when you come off the ramp turn left or west on 100 A Ave This road is fairly wide for the short distance to the greenway, it has very low traffic volumes evenings and weekends but watch out for trucks that may be turning in or out of industries. Right /north on 199 B St, Left /west on 101 Ave the road will loop around onto 197 St then 98B Ave, turn left under the bridge and across the train tracks to Telegraph Trail, turn right just past the underpass that will take you onto the Golden Ears Greenway on the south side of the Golden Ears Way Continue west on the Greenway to 176 St Highway #15. Walk across on the cross walks to the North West side of the intersection where you will see the entrance to the Tynehead Park trails.

If you are going to explore Barnston Island expect to spend about 2 hours for a round trip. Head north or right on the trail to get to Barnston Island or if you want to loop around Tynehead park.

Side Trips, connections

Fort Langley / Derby Reach / Brae Island Regional Parks

From Golden Ears Bridge east follow the map above to Fort Langley. Either on bike lanes on Allard Crescent or the Gravel Fort to Fort Trail with plenty of River views, to shops and restaurants in Fort Langley or visit the museums or National Parks Fort Interpretive Centre. There are picnic facilities along the trail, or follow along the Brae Island Trail for the View in the photo above. Camping is available at Derby Reach or Fort Camping at Brae Island Park. It is about 14 Km from Tynehead Park to Derby Reach and from here 5 Km to Fort Langley.

Barnston Island, Surrey Bend Park Nature Reserve

From Tynehead Park take the 168 St bike overpass over Highway #1 north and 103A Ave then 104 Ave down the hill, 3 Km. Warning the road is a bit rough near the bottom of the hill and with construction in the area use caution. As you cross the train tracks turn left into Surrey Bend Park, a gravel road then a jog west onto a bridge just under 2 Km takes you into the heart of the 348 Hectare Nature Reserve. Bring binoculars to view the many bird species in the park. Surrey Bend Regional Park contains an undyked mosaic of wetlands and riparian forests. The Surrey Bend floodplain, characterized by a unique peat bog and wetland complex, is part of the Fraser River delta that formed approximately 7000 years ago after the retreat of glaciers in Southwestern BC. At the end of 104 Ave, wait behind the fence till the cars are loaded before boarding the free ferry, which runs every few minutes from early morning till near midnight daily. A 10 Km paved road on the dike takes you around the quiet island for views of the farms, river and mountains. There are no services on the island; a park at the north west corner has washrooms. At the far east end of the island is to be a new Regional Park. Follow a gravel path a short ways to a vast sandy Beach with views to Golden Ears Bridge and Mountains.

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Hawthorne Water Park

On hot summer days if you have children with you, detour to Hawthorne Park for a water park and playground. Take 144 St north or from 103 A Ave cross 104 Ave at the 142 St pedestrian crossing.

Green Timbers Park

Gravel trails loop throughout the park offering quiet shaded cool riding on a hot summer's day, yield to pedestrians and watch for dogs. Some trails may be a bit too tight for larger bikes or with trailers. Use caution if crossing mid block across 100th Ave, a crossing will be in place in 2012. Instead you may wish to follow trails leading to the cross walk at 148 St and 100th Ave. There are washrooms near the parking lot. A lake for fishing is located in the centre of the park. The park is a good alternate to riding the busy bike lanes on 148 St. To access the park coming from Tynehead Park westbound on the Greenway; detour a half block north on 148 St cross 96 Ave the entrance trail starts just west of the 148 St / 96 Ave intersection. East bound from the Skytrain enter the trail from 101 Ave at 144 or 145 St.

Pitt Meadows Dike Trails

From the north side of the Golden Ears Bridge follow Airport Way west to gravel dike trails following the Fraser River to Pitt River with connections to the Pitt River Bridge and Pitt Lake.

For more information on Transit connections, The Golden Ears Bridge and Golden Ears Greenway project maintained by Translink. www.translink.ca

For more information on The regional parks maintained by Metro Vancouver Parks www.metrovancouver.org

For more information on Surrey Parks and Greenways www.surrey.ca/parks